



**Please keep a moment of silence to prepare your hearts and minds for worship and if you so desire you may use the following prayer:**

O God, the King eternal, who dividest the day from the night and turnest the shadow of death into the morning: Drive far from us all wrong desires, incline our hearts to keep thy law, and guide our feet into the way of peace; that, having done thy will with cheerfulness while it was day, we may, when night cometh, rejoice to give thee thanks; through Jesus Christ our Lord. Amen.

## **Procession in Silence**

[Please stand as you are able]

### **Opening Acclamation**

*BCP 323*

✠ Blessed be God: Father, Son, and Holy Spirit.  
And blessed be his kingdom, now and forever. Amen.

### **Collect for Purity**

*BCP 323*

Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

### **Summary of the Law**

*BCP 324*

Hear what our Lord Jesus Christ saith:  
Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbor as thyself. On these two commandments hang all the Law and the Prophets.

### **The Gloria**

*BCP 324*

**Glory be to God on high,  
and on earth peace, good will towards men.  
We praise thee, we bless thee,  
we worship thee, we glorify thee,  
we give thanks to thee for thy great glory,**

**O Lord God, heavenly King,  
God the Father Almighty.  
O Lord, the only-begotten Son, Jesus Christ;  
O Lord God, Lamb of God, Son of the Father,  
that takest away the sins of the world,  
have mercy upon us.  
Thou that takest away the sins of the world,  
receive our prayer.  
Thou that sittest at the right hand of God the Father,  
have mercy upon us.  
For thou only art holy; thou only art the Lord;  
thou only, O Christ, with the Holy Ghost,  
✠ art most high in the glory of God the Father  
Amen.**

### **Collect for the Day**

*BCP 164*

The Lord be with you.  
And with thy spirit.  
Let us pray.

[Please kneel as you are able]

O Lord, who hast taught us that all our doings without charity are nothing worth: Send thy Holy Ghost and pour into our hearts that most excellent gift of charity, the very bond of peace and of all virtues, without which whosoever liveth is counted dead before thee. Grant this for thine only Son Jesus Christ's sake, who liveth and reigneth with thee and the same Holy Ghost, one God, now and for ever. **Amen.**

### **Lesson**

*1 Corinthians 3:10-11,16-23*

[You may be seated]

A Reading from the First Epistle to the Corinthians.

According to the grace of God given to me, like a skilled master builder I laid a foundation, and someone else is building on it. Each builder must choose with care how to build on it. For no one can lay any foundation other than the one that has been laid; that foundation is Jesus Christ. Do you not know that you are God's temple and

that God's Spirit dwells in you? If anyone destroys God's temple, God will destroy that person. For God's temple is holy, and you are that temple. Do not deceive yourselves. If you think that you are wise in this age, you should become fools so that you may become wise. For the wisdom of this world is foolishness with God. For it is written, "He catches the wise in their craftiness," and again, "The Lord knows the thoughts of the wise, that they are futile." So let no one boast about human leaders. For all things are yours, whether Paul or Apollos or Cephas or the world or life or death or the present or the future-- all belong to you, and you belong to Christ, and Christ belongs to God.

The Word of the Lord.

**Thanks be to God.**

## The Response

*Psalm 119*

Teach me, O LORD, the way of your / statutes,  
and I shall keep it to the / end.

**Give me understanding, and I shall keep your / law;  
I shall keep it with all my / heart.**

Make me go in the path of your commandments,  
for that is my desire.

**Incline my heart to your de/crees  
and not to unjust / gain.**

Turn my eyes from watching what is / worthless;  
give me life in your / ways.

**Fulfill your promise to your / servant,  
which you make to those who / fear you.**

Turn away the reproach which I / dread,  
because your judgments are / good.

**Behold, I long for your commandments;  
in your righteousness preserve my / life.**

## Gospel

*Matthew 5:38-48*

[Please stand as you are able]

✠ ✠ ✠ The Holy Gospel of our Lord Jesus Christ  
according to Matthew.

**Glory be to thee, O Lord.**

Jesus said, "You have heard that it was said, 'An eye for an eye and a tooth for a tooth.' But I say to you, Do not resist an evildoer. But if anyone strikes you on the right

cheek, turn the other also; and if anyone wants to sue you and take your coat, give your cloak as well; and if anyone forces you to go one mile, go also the second mile. Give to everyone who begs from you, and do not refuse anyone who wants to borrow from you. "You have heard that it was said, 'You shall love your neighbor and hate your enemy.' But I say to you, Love your enemies and pray for those who persecute you, so that you may be children of your Father in heaven; for he makes his sun rise on the evil and on the good, and sends rain on the righteous and on the unrighteous. For if you love those who love you, what reward do you have? Do not even the tax collectors do the same? And if you greet only your brothers and sisters, what more are you doing than others? Do not even the Gentiles do the same? Be perfect, therefore, as your heavenly Father is perfect."

The Gospel of the Lord.

**Praise be to thee, O Christ.**

## Homily

[You may be seated after  
the homily opening prayer]

### *Loving Our Enemies*

[After the homily there will be a moment of  
silence for private meditation]

## Creed

*BCP 326*

[Please stand as you are able]

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,**

**and was made man.  
For our sake he was crucified  
under Pontius Pilate;  
he suffered death and was buried.  
On the third day  
he rose again in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son  
he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic  
and apostolic Church.  
We acknowledge one baptism  
for the forgiveness of sins.  
✠ We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

## Prayers

*Form 1, BCP 383*

With all our heart and with all our mind, *let us pray to the Lord*, saying, “Lord, have mercy.”

**[Please kneel as you are able]**

For the peace of the world, for the welfare of the holy Church of God, and for the unity of all peoples, *let us pray to the Lord*.

**Lord, have mercy.**

For Justin of Canterbury; Michael, our Presiding Bishop; Edward, our Bishop; Michele and Gilberto, Bishops of Uruguay; and the clergy and people of the diocese of Oklahoma and our companion diocese of Uruguay, *let us pray to the Lord*.

**Lord, have mercy.**

For Donald, our President; Mary, our Governor; and Mick, our Mayor; for the leaders of the nations, and for all in authority,  
*let us pray to the Lord*.

**Lord, have mercy.**

For Oklahoma City, for every city and community, and for those who live in them, *let us pray to the Lord*.  
**Lord, have mercy.**

For the good earth which God has given us, and for the wisdom and will to conserve it, *let us pray to the Lord*.  
**Lord, have mercy.**

For the peace and wellbeing of all who defend our country at home and abroad, and keep safe all who are in dangerous circumstances, *let us pray to the Lord*.  
**Lord, have mercy.**

For the aged and infirm, for the widowed and orphans, and for the sick and the suffering, especially: [special intentions], and for all in need of healing, *let us pray to the Lord*.  
**Lord, have mercy.**

For peace, understanding and reconciliation among all people. For the end of violence and terrorism. For the safety of all first responders. For all who are homeless, hungry, and unemployed; especially the clients of the Guild of Saint George. For all who suffer from addiction and their families and all who suffer from mental illness. For the children of New Hope Ministries and all who are incarcerated. For the refugees and people of war-torn nations. For the resolution of the conflict between Israel and Palestine. And for all the intentions in the Prayer Box; *let us pray to the Lord*.  
**Lord, have mercy.**

In the Diocesan Cycle of Prayer, we pray for..., and in the Cathedral Cycle of Prayer, we give thanks for..., *let us pray to the Lord*.

**Lord, have mercy.**

For all who are celebrating special occasions: [Special Intentions] For all who are celebrating birthdays and anniversaries, and for all who are traveling, *let us pray to the Lord*.

**Lord, have mercy.**

✠ We bless thy holy Name for all thy servants departed this life in thy faith and fear, for those we hold in memory this day and for the recently departed..., *let us pray to the Lord*.

**Lord, have mercy.**

That we may end our lives in faith and hope, without suffering and without reproach, *let us pray to the Lord*.

**Lord, have mercy.**

In the communion of the Blessed Virgin Mary, Blessed Paul and of all the saints, let us commend ourselves, and one another, and all our life, *to Christ our God*.

**To thee, O Lord our God.**

## Confession

BCP 331

Let us humbly confess our sins unto Almighty God.

[Silence is kept]

**Almighty God, Father of our Lord Jesus Christ,  
maker of all things, judge of all men:  
We acknowledge and bewail our manifold sins  
and wickedness,  
which we from time to time  
most grievously have committed,  
by thought, word, and deed,  
against thy divine Majesty, provoking most justly  
thy wrath and indignation against us.  
We do earnestly repent,  
and are heartily sorry for these our misdoings:  
the remembrance of them is grievous unto us,  
the burden of them is intolerable.  
Have mercy upon us,  
have mercy upon us, most merciful Father;  
for thy Son our Lord Jesus Christ's sake,  
forgive us all that is past;  
and grant that we may ever hereafter  
serve and please thee in newness of life,  
to the honor and glory of thy Name;  
through Jesus Christ our Lord. Amen.**

## Absolution

BCP 332

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, ☩ have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

## Peace

BCP 332

[Please stand as you are able]

The peace of the Lord be always with you.  
**And with thy spirit.**

[You may share a greeting of peace  
with those near you]

## Welcome

[You may be seated]

## Offertory Sentence

BCP 344

*Revelation 4:11*

Worthy art thou, O Lord our God, to receive glory and honor and power; for thou hast created all things, and by thy will they were created and have their being.

## Setting of the Table

### Offertory

[Please stand as you are able]

All things come of thee, O Lord.  
**And of thine own have we given thee.**

### The Great Thanksgiving

BCP 333

The Lord be with you.  
**And with thy Spirit.**  
Lift up your hearts.  
**We lift them up unto the Lord.**  
Let us give thanks unto our Lord God.  
**It is meet and right so to do.**

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

*Proper Preface BCP 346*

Because in the mystery of the Word made flesh, thou hast caused a new light to shine in our hearts, to give the knowledge of thy glory in the face of thy Son Jesus Christ our Lord.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

### Sanctus

BCP 334

**Holy, holy, holy, Lord God of Hosts:  
Heaven and earth are full of thy glory.  
Glory be to thee, O Lord Most High.**  
☩ Blessed is he that cometh in the name of the Lord.  
**Hosanna in the highest.**

### Eucharistic Prayer I

BCP 334

[Please kneel as you are able]

All glory be to thee, Almighty God...  
...in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. **Amen.**

## The Lord's Prayer

*BCP 336*

And now, as our Savior Christ hath taught us, we are bold to say,

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come, thy will be done,  
on earth as it is in heaven.**

**Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom, and the power,  
and the glory, for ever and ever. Amen.**

## Fraction

*BCP 337*

Alleluia. Christ our Passover is sacrificed for us;  
Therefore let us keep the feast. Alleluia.

## Prayer of Humble Access

*BCP 337*

**We do not presume to come to this thy Table,  
O merciful Lord,  
trusting in our own righteousness,  
but in thy manifold and great mercies.  
We are not worthy so much  
as to gather up the crumbs under thy Table.  
But thou art the same Lord  
whose property is always to have mercy.  
Grant us therefore, gracious Lord,  
so to eat the flesh of thy dear Son Jesus Christ,  
and to drink his blood,  
that we may evermore dwell in him,  
and he in us. Amen.**

## The Invitation to Communion

*BCP 338*

The Gifts of God for the People of God.

## The Distribution

## Post-communion Prayer

*BCP 339*

Let us pray.

[Please kneel as you are able]

**Almighty and everliving God,  
we most heartily thank thee  
for that thou dost feed us,  
in these holy mysteries,  
with the spiritual food  
of the most precious Body and Blood**

**of thy Son our Savior Jesus Christ;  
and dost assure us thereby of thy favor  
and goodness towards us;  
and that we are very members incorporate  
in the mystical body of thy Son,  
the blessed company of all faithful people;  
and are also heirs, through hope,  
of thy everlasting kingdom.  
And we humbly beseech thee,  
O heavenly Father, so to assist us with thy grace,  
that we may continue in that holy fellowship,  
and do all such good works  
as thou hast prepared for us to walk in;  
through Jesus Christ our Lord,  
to whom, with thee and the Holy Ghost,  
be all honor and glory, world without end. Amen.**

## Epiphany Blessing

*Book of Occasional Services*

May Christ, the Son of God, be manifest in you, that your lives may be a light to the world; and the blessing of God Almighty, ☩ the Father, the Son, and the Holy Spirit, be among you, and remain with you always. **Amen.**

## Procession in Silence

[Please stand as you are able]

## The Dismissal

Let us go forth in the name of Christ. Alleluia, alleluia.  
**Thanks be to God. Alleluia, alleluia.**



## Pastoral Prayers

If you desire pastoral prayers, please make that request of one of our clergy after the conclusion of the worship service.

## Those Serving Today

**Altar Guild:** Carolyn Gresham-Fiegel, Ann Bonsteel, Matthew Herrin, Todis McDonald, Joann Speers, Ashley Ozan, Julie Young

**Celebrant:** The Very Rev. Justin Lindstrom

**Preacher:** The Rev. Canon Susan Colley Joplin

**Lector:** Evan Vincent

**Intercessor:** Carol Howard

**Eucharistic Minister:** Carol Howard

**Usher:** Sarah Musler

## To the Glory of God

The Bread and Wine are given to the Glory of God by Sam, Jessica and Beau Blackstock in celebration of Jeff Erwin.

The Sanctuary Light is given to the Glory of God by Tim and Jennifer Jones in celebration of Maggie Jones birthday.

### Liturgy We Live *by Dr. Gil Haas*

The romanticism of Valentine's Day may have begun by the efforts of early Christians to dodge the draft. Married Roman soldiers were considered inferior because it was thought that their fervor might be diminished if they remembered their family during battle. Emperor Claudias therefore forbade the marriage of young people. This edict prompted a Christian priest, Valentine of Terni, to perform secret marriages. Valentine was arrested, beaten, stoned, and beheaded but not before he restored the sight of his jailor's daughter. Little else is known of him except that he was martyred on February 14<sup>th</sup> and buried near Rome. His bones were gifted to King Carlos IV in 1700, and they were deposited in Madrid's St. Anton's Church. Catholics venerated St. Valentine on February 14<sup>th</sup> until his feast was removed from their calendar in 1969 because of his obscurity. Anglicans and Lutherans still celebrate this feast, but Valentine has never been on the Episcopal calendar. Instead, February 14<sup>th</sup> is our feast of St. Cyril and Methodius, ministers to the Slavs. Modern traditions associated with "Valentine's Day" may have first sprung from Geoffrey Chaucer's fictional stories about the day that he claimed were ancient traditions involving romantic love.

*If you have a liturgical question or an inquiry about anything that transpires during or around our worship service, please forward the question you would like researched to: gghaas@aol.com, or drop the question in the offering basin. Please note whether we can credit you as the source of the question.*



beacon  
of  
hope...

## February = Purification

The word February has its roots in the Roman Festival of purification called Februa. The festival was a time where people ritually washed themselves in an act of purification. The Roman god Februus was named after the festival not the other way around. Many of our other months are named after Roman gods.

Purification is an act of being freed from guilt, or blemish, or undesirable elements of oneself. Our relationship with God is just that, an act of purification, where God, out of love, purifies us and makes us righteous. May we be purified, not just this month, but everyday, through the love of God. It is in this purity and clarity of heart, mind, and soul that we will find hope.

In God's Peace,  
Dean Justin+

## Cathedral Officers and Vestry

**Senior Warden:** Molly Tolbert

**Junior Warden:** Amy Williams

**Treasurer:** Evan Walter **Clerk:** Amy Fischer

**Vestry:** Ian Bass, Ann Bonsteel, Matthew Herrin, Dan Morgan, Ginny Murphy, Sarah Musler, Todd Olberding, Richard Opalka, Charles Ozan, Casey Richards, Mark Sessing, Ashley Wells

## This Week @ St. Paul's

### Sunday, 19

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- 8:00 AM Holy Eucharist Rite I (*no Music*) – Cathedral
- 9:00 AM Holy Eucharist Rite II – Cathedral
- 10:10 AM OKC Epiphany – Dean Willey Hall
- 10:10 AM Church School – Undercroft
- 11:00 AM Holy Eucharist Rite I – Cathedral

### Monday, 20

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- 9:00 AM St. George's Guild Outreach – Back Bldg.

### Tuesday, 21

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- 10:00 AM Centering Prayer – Parlor
- Noon Centering Prayer – Parlor
- 12:10 PM AA – Library
- 12:10 PM Al-Anon – Undercroft
- 5:30 PM Praying in Color – Board Room
- 6:00 PM Yoga – Dean Willey Hall
- 7:15 PM Nar-Anon – Undercroft

### Wednesday, 22

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- 9:00 AM St. George's Guild Outreach – Back Bldg.
- 9:00 AM Mobile Meals – Kitchen
- 11:00 AM Retreat in Daily Life – Parlor
- 1:00 PM Prayer Shawl Ministry – Parlor

### Thursday, 23

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- 11:30 AM Tai Chi Class – Dean Willey Hall
- 12:10 PM Holy Eucharist – Chapel
- 1:30 PM Lectio Divina– Parlor
- 5:45 PM Lectio Divina– Parlor

### Friday, 24

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- 9:00 AM St. George's Guild Outreach – Back Bldg.

### Saturday, 25

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- 8:00 AM Brotherhood of St. Andrew – Kitchen
- 5:00 PM Holy Eucharist Rite II – Cathedral

### Sunday, 26

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- 8:00 AM Holy Eucharist Rite I (*no Music*) – Cathedral
- 9:00 AM Holy Eucharist Rite II – Cathedral
- 10:10 AM OKC Epiphany – Dean Willey Hall
- 10:10 AM Church School – Undercroft
- 11:00 AM Holy Eucharist Rite I – Cathedral
- 12:30 PM Youth Group – Trapped OKC

## Mobile Meals Cook Needed!

Mobile Meals needs someone to cook on the third Wednesday of the month, if you are interested, please contact Tom LeMasters at 405-620-4938 or tom2604@aol.com.

## Youth Events

February 26 (12:30 - 3:00)

Youth Group – Trapped OKC (*Please bring \$10*)

## Cathedral Books and Gifts

*Check out our sale items!*

Hours 10:00am-2:00pm Monday-Thursday  
and Sunday mornings

Support the ECW and church ministries through  
your purchases at Cathedral Books and Gifts

## Guild of Saint George

*Volunteers Needed!*

*Monday, Wednesday, or Friday mornings*

St. George's Guild, located at St. Paul's, reaches out to those in need in the downtown area, providing a food pantry, utility assistance and other goods and services.

*February's Grocery Item: pasta, mac and cheese  
Plastic grocery bags always needed*

Please place contributions at the Reception Desk.

## RECOVERY MINISTRIES



Alcoholics  
Anonymous  
Every Tuesday  
12:10 pm  
Parish House Study



Al- Anon  
Every Tuesday  
12:10 pm  
Downstairs in  
the Undercroft



Nar - Anon  
Every Tuesday  
7:15 pm  
Downstairs in  
the Undercroft

## Sunday @ Saint Paul's

### OKC Epiphany

*Sunday @ 10:10 AM in Dean Willey Hall*

**February 19**

Oklahoma City has experienced dramatic change over the last 20 years. Join us on Sunday mornings in February for a series of speakers from the economic, urban planning, development, and philanthropic communities within our city as they share with us the story of where we have been and where we will go.

**Church School @ 10:10 in the Undercroft**

### Shrove Tuesday Pancake Supper

*5:30 PM on February 28 in Dean Willey Hall*

The service of burying the Alleluias and draping of the cross will follow at 6:30 PM in the courtyard.

*Please RSVP on the pew card*

### Ash Wednesday Services

Holy Eucharist & Imposition of Ashes

7:00 AM, 12:10 PM, 7:00 PM\*

March 1 in the Cathedral

*\*childcare available*

### Meet the Muslims

*2-4 PM Saturday, February 25*

**The Grand Mosque @ 3201 NW 48th St.**

Join the American Muslim Association for an Open House at The Grand Mosque in OKC. Panelists will answer any questions on Islam and Muslim beliefs.

### Prayer Requests

If you would like to add someone to the prayer list (*public* is read in church or *private* is clergy only) please contact Brian Speers in the church office at [bspeers@stpaulsokc.org](mailto:bspeers@stpaulsokc.org) or 235-3436.

### Important Information Regarding Donations to the Guild of St. George

As a result of our recent financial audit, effective March 1, the Cathedral will no longer be able to accept your financial donations to the Guild of St. George. They are a separate non-profit entity and your donations must be made directly to them (and your check must be made payable to The Guild of St. George). If a donation for the benefit of the Guild is made to Saint Paul's after March 1, we will return the check to you. In addition, any gifts made to the Guild will no longer be reflected on your contribution statement from the Church.



**Praying in Color coming to St. Paul's in February, 2017**

**Tuesday evenings, 5:30 PM to 7pm  
February, 7, 14, 21, 28**

*Childcare Available*

- Introducing a new prayer practice for anyone who hungers to know God better.
- Praying in Color can warm the soul as well as the heart.
- This short course of Praying in Color is not about being an artist but gives us a new way to pray.
- You are invited to come and experience a new and invigorating way to pray.

***RSVP TODAY on the RSVP card in the pew!***